

20 TIMES 5 TIMES REVIEW CHALLENGE



NAME:

DATE:

SO WHAT CAN YOU REVIEW 5 TIMES 5 TIMES 5 TIMES...?

Five times is a pretty small number, but if you keep going, 5 times can turn into 100 times and then 10,000 times before you know it!

You only have to do your “5 times” over again 20 times to make 100! (28 times a day for a year is 10,000!)

Just keep counting!

Blocks: (using 5 small wooden or foam “blank dice”) Use your 5 blocks to count your five repetitions. You can create your own dice by adding your own numbers, letters or special symbols (write “+” or “x” on one die and roll to add or multiply the numbers shown on the remaining dice).

Game: Blocks in a bag. Put colored blocks in a bag. Assign a multiple of 5 to each color (blue = 5, orange = 10, red = 15, etc.), close your eyes and choose a block at random to see how many times to play!

Dice: Roll and multiply your result by 5 for Five Times the effectiveness of your practice! Make up your own games too. The possibilities are endless!

Attitude Punch Card: (using business card sized pieces of decorated cardboard with spaces to punch a hole for each repetition) Reward those good attitudes! Punch the card for every five smiles, every 5 days of happy practice, or 5 repetitions of a difficult spot or activity. When you have earned all your punches, it’s time to treat everyone to something fun! Maybe it’s a trip to the ice cream shop or your favorite restaurant, something at the toy store, an outing at the park, or whatever punches up your attitude!